

## Post Laser Instructions

- \* After your treatment you may experience a slight sunburned feeling, some redness, swelling and/or hiving on the treated area.
- \* You may take Advil or Tylenol for discomfort.
- \* You may apply cool compresses or ice to the area for the next few hours.
- \* Wash area with a mild soap (e.g. Cetaphil, Dove, Oil of Olay).
- \* Do not use glycolic acid, Retin A or exfoliation products for at least three days following procedure.
- \* No hot tubs or saunas for 3 days.
- \* Use sunblock with a SPF of 30 or greater for at least 4 weeks after treatment. Please apply 1/2 hour prior to going outdoors. No excessive sun for 1 to 2 weeks after treatment.
- \* While undergoing treatment, exposure to the sun may result in a discoloration of the skin on the treated area. To avoid this you must protect the area from sun exposure.
- \* Do not come in for laser treatment if you are tan. This can increase a chance of overheating the skin resulting in crusting or blistering.
- \* If you develop a fine crust or blister over the treated area, keep it clean with a mild soap and apply an over the counter antibiotic ointment such as bacitracin or neosporin. Do not use glycolic products, exfoliation products or Retin A until all crusting is gone. Please call the office.
- \* Please call the office if you have signs of crusting, blistering or infections such as: yellow or cloudy discharge, increasing redness and pain.
- \* Please call the office if you have any concerns. Tel: 864-235-9008.